

# **ARMADA ATHLETIC CODE OF CONDUCT**

Every young man and woman should have the opportunity to participate in an interscholastic sport. It is an honor and privilege to represent the Armada Area Schools in athletic competition. The eyes of the student body and the community are focused on the team and its members. It is imperative that every young man and woman makes an effort:

1. To respect the school by conducting himself/herself as a good citizen, sportsman, and student on and off school grounds.
2. To be a part of the team and play for the betterment of the school.
3. To be loyal to the school, coaching staff, and team.
4. To condition himself/herself properly so that he/she can safely and adequately meet the demands of the sport.
5. To follow all training and practice rules established by the coach for each sport.
6. To present a signed statement by a physician indicating that he/she is physically fit to participate in that sport.
7. To be responsible for all uniforms/equipment issued and wear it for all authorized activities. If items are lost or stolen you, the athlete, are responsible for the replacement cost.
8. To abide by and respect all decisions of officials.
9. To support all school activities to the best of his/her ability.
10. To provide a parental permission slip. The parental permission slip signed by the parent/guardian must be in the possession of the head coach before the athlete can participate in a practice session. These slips will be turned over to the Athletic Director and remain in his possession.
11. Athletes will comply with the athletic dress code as follows: On the day of a game, either home or away, athletes will dress up in attire that is not normally worn to school, or in attire that is worn on special occasions. If the athlete will not comply, he/she may be placed on probation for that sport. At the second occurrence, he/she may be cut from the squad.
12. All athletes must maintain a passing grade in all subjects to participate in athletics. Eligibility will be determined at each progress report/report card. Any student receiving a failing grade in any class on progress report/report card is ineligible for a period of 1 week (including weekends). Any student athlete receiving an 'E' grade at any card marking may regain eligibility by submitting a progress report signed by each teacher on Monday of the *following week* which indicates his/her grades have improved to passing status
13. Students must maintain a grade point average (GPA) of 2.0 from the previous trimester.
14. Students must have satisfactory or better citizenship in four (4) of five (5) of their classes.
15. Students may not use any performance enhancing substances including, but not limited to: those banned by bylaw 31.21.3 of the Bylaws of the National Collegiate Athletic Association; and those that may be listed by the Michigan Department of Community Health.
16. Agree to abide by the Armada Drug and Alcohol Policy.

## **DRUG AND ALCOHOL POLICY**

It is recognized by medical professionals, health educators, and coaches that athletes perform best when they follow solid training rules which include restrictions on tobacco, alcohol, and drugs. Medical evidence is clear: tobacco, alcohol, and mood altering substances produce harmful effects on human beings. Michigan law specifically prohibits use or possession of these materials by students.

Armada Area Schools and its coaches are concerned about the health and safety of our students and our student athletes. We are convinced that athletics and the use of these harmful substances are not compatible, whether it is on or off school property.

Student athletes are faced with a decision: either they choose to be athletes, concerned about their bodies and striving to get the full athletic potential from them, or they simply go along with the crowd. They can't have both.

Athletics require strength, discipline, and sacrifice. They require the courage to say "no" to tobacco, alcohol and drugs. That's the price students pay to be athletes. It's a price that will pay off in the end, but it's not always easy.

You, as an athlete have an obligation to yourself, your team, and your school. You represent Armada Area Schools. How you behave is a reflection on this school and this community.

Because we care about you as a person, the use of tobacco, alcohol, and/or drugs will not be tolerated. The following procedures will be implemented for violations of this policy.

Students must refrain from the use of tobacco, alcohol, and controlled substances, look-alikes, or mood-altering substance AT ALL TIMES. Therefore, after signing the no-use contract and joining an Armada athletic team a student athlete shall not, regardless of the quantity:

1. Use or possess tobacco or tobacco products, including smokeless tobacco.
2. Use or possess alcohol or a beverage containing alcohol.
3. Use, possess, consume, buy, sell, or give away marijuana, or any controlled substances or look-alikes, including steroids. Note: (A drug specifically prescribed for the student athlete by a physician for his/her own personal use is not a violation.)
4. Use inappropriately any over-the-counter or prescription drug.

### **HIGH SCHOOL AND MIDDLE SCHOOL VIOLATIONS**

**FIRST OFFENSE:** Suspension from athletic competition for six weeks. Students must attend all practices and be present with the team at all games in **street clothes**.

***REINSTATEMENT:*** Meeting required between Parents, Athlete, Coach and Athletic Director.

**SECOND OFFENSE:** Dismissal from the team. Loss of Varsity Letter or Award Certificate. Prohibited from participating in interscholastic athletics for the remainder of the current school year.

***REINSTATEMENT:*** Meeting required between Parents, Athlete, Coach, Athletic Director and Principal.

**THIRD OFFENSE:** Life time ban from Armada Athletics

***REINSTATEMENT:*** NONE.

- **Offenses are on a per student, not per year, basis.**
- **Students may appeal one middle school offense by attending counseling and informing the Armada Athletic Department.**
- **Coaches may implement a stricter policy that the student-athlete must follow.**

# ARMADA ATHLETICS

## PERMISSION TO PARTICIPATE:

As a parent or legal guardian, I authorize and give my permission for

\_\_\_\_\_  
NAME OF ATHLETE (PLEASE PRINT) GRADE

to participate in the Armada Area Athletic Program for the following sport(s):

BASEBALL       BASKETBALL       BOWLING       CHEERLEADING  
 CROSS COUNTRY       FOOTBALL       GOLF       SOCCER       SOFTBALL  
 TENNIS       TRACK & FIELD       VOLLEYBALL       WRESTLING

## ARMADA ATHLETIC ACADEMIC POLICY:

The Armada school district encourages student athletes to strive for personal excellence in academics as well as athletics. The Michigan High School Athletic Association (MHSAA) requires student athletes to successfully complete 66% (or 20 credit hours, for example 4 of 5 classes, or 5 of 7 classes) in the previous semester/trimester to be eligible to participate in the current semester/trimester of the current year. Students in semester systems not meeting this requirement become eligible on the 61<sup>st</sup> scheduled school day, providing they have been doing passing work cumulatively for the previous 60 days. Students in trimester systems become eligible at the start of their second trimester, providing the successful completion of the first trimester. **In addition to the MHSAA requirements students participating in Armada Area Schools athletics are required to carry a minimum 2.0 cumulative grade point average, as well as maintaining passing status in all classes in the current season, to remain eligible to participate in any district athletic program.**

## ARMADA ATHLETIC CODE ACKNOWLEDGMENT AGREEMENT:

As the undersigned we hereby acknowledge on this date we have received, reviewed, understand, and will abide by the rules, guidelines and punitive actions for violations of the rules and guidelines as set forth in the Armada Athletic Code of Conduct.

\_\_\_\_\_  
Signature of Armada Student Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date

THIS FORM MUST BE SIGNED BY BOTH STUDENT ATHLETE AND PARENT/GUARDIAN EACH SCHOOL YEAR AND SUBMITTED TO THE ATHLETIC OFFICE BEFORE THE STUDENT WILL BE PERMITTED TO PARTICIPATE IN ARMADA INTERSCHOLASTIC ATHLETICS.